



February 13, 2024

ÉCOLE WILLOWS SCHOOL



Update

Coming up:

February 12–16— Transfer week (Kindergarten to Gr 12) and registration for new students for September 2024

Friday, February 16—Professional Development Day (no school for students)

Monday, February 19—BC Family Day (no school)

Wednesday, February 21—PAC Meeting

<https://us06web.zoom.us/j/87387550047?pwd=2nObw0EG42MBcjAajcwn7i7dkd4UnZ.1>

Wednesday, February 28—Pink Shirt Day

Friday, March 15— Last Day of School Before Spring Break
Learning updates home (report cards)



Carnaval at Willows



Happy Lunar New Year!



Dogs Before and After School

Please do remember that there are members of our school community who are not comfortable around dogs and we want everyone to feel safe and welcome at Willows. Dogs are an important part of many families. If you do walk with your dog, please provide space for others and stay clear of groups, class lines and entrance ways. Dogs need to be on leash and kept under control at all times. Thank you for supporting our students and families at this busy time of the day.

Gym / Music / Makerspace Updates

We are half way through our school year. Some of our classes will be changing the curriculum areas during teacher preparation time so that there is a balance of opportunities through the school year. These changes impact the following divisions:

Division 1—PE on Tuesday	Division 6—music on Tuesday
Division 2—Music on Wednesday	Division 9—PE on Tuesday
Division 3—PE on Wednesday	Division 15— PE on Thursday
Division 4—PE on Monday	Division 16—music on Thursday
Division 5—Music on Monday	

1000 x 5—1000 Books by Age Five Children's Book Recycling Project

Give more children the opportunity to love books. Before spring break, take a look around and send in a few books for babies and preschoolers to the pink bin in your school. Babies and preschoolers who are read to develop more vocabulary, greater imagination and an early understanding of how books work. Thanks for helping send 320,000 books into new hands.

A message from our PAC (Parent Advisor Council)

Willows PAC Holiday Movie Night Donations Support The Mustard Seed

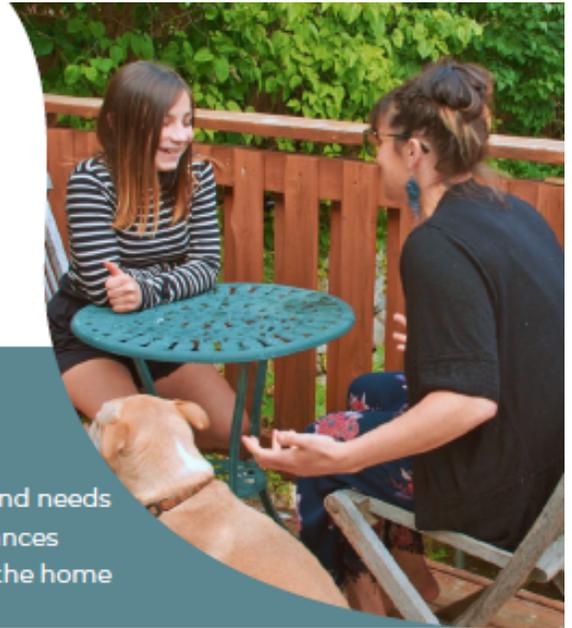
Thanks to the donations of \$396.60 and the Willows PAC matching contribution of \$303.40, a total of **\$700** has been donated to the Mustard Seed Food Bank. That is equivalent to **130 nourishing meals**. During the winter season, more of our neighbours than ever rely on The Mustard Seed for a warm meal, companionship, and a safe place to sleep off the cold streets. Thank you Willows families for your spirit of generosity!

February's PAC meeting is on Zoom. Please join us on Wednesday, January 21 at 7pm.

<https://us06web.zoom.us/j/87387550047?pwd=2nObw0EG42MBcjAajcwn7i7dkd4UnZ.1>

SUBSTANCE USE PREVENTION

An Online Presentation for Parents



KEY TAKEAWAYS

- Learn why children/teenagers are drawn to substances
- Understand what causes and maintains substance use disorder and needs
- Increase your child's ability to make positive choices about substances
- Acquire practical conversation tools for discussing substances in the home

Presentation Overview:

This presentation will focus on **tools and strategies** that you can use to speak to your children about substances in a way that encourages **positive decision-making** through a psychological lens. You will learn the causes of youth substance use and be introduced to a framework for **creating open communication** on this topic in your home.

There will be a focus on prevention and harm/risk mitigation in order to **empower** you to help your children think critically about their own behaviours, motivations, and choices.

In this session, you will be provided with the **specific language to use** when conversations arise about substances. There will also be opportunities to ask questions about the specific challenges you are facing with your children.

Online Session Information:

February 20th, 22nd or 28th

6pm-7:30 pm PST

Note. The same presentation will be delivered on each date

REGISTER



openp.co/Feb20

Presenter:

Dr Hayley Watson

Clinical Psychologist & Founder of Open Parachute

(PhD Clin Psych, MA Clin Psych, MA Transpersonal Psych, PG Dip Psych, BA Criminology)



Dr Hayley Watson is a Clinical Psychologist from BC, specializing in children and adolescents with a PhD in school bullying interventions, along with four further academic degrees in the field of mental health.

She has been working with young people and their families globally for the past 20 years.



École Willows School

Virtual Book Fair

March 16 – April 3, 2024

At Munro's Books ~ www.munrobooks.com

Shop at Munro's Books online or in store between March 16– April 3 and tell us that you'd like your purchase to support the Willows School Library, and we'll give them HALF of the profits from your purchase to buy books for the school library!

**Please mention that you are shopping for the WILLOWS VIRTUAL BOOK FAIR at our checkout or in your online order notes.*

**You can order online for pickup or delivery. Delivery is \$10 flat rate Sooke-Sidney or free for orders over \$100 (before tax).*

**In stock items only – includes books, games, toys, cards, and many more!*



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